This Resources Lis to support non-sta list, we aim to rais	er Saint John Rott was designed by the IMvisible NB atus, refugees and immigrant womes awareness about free and low-coto women in Greater Saint John, N	project as a tool n.By providing this ost essential	List		IMvisible NB JeSuisVisible NB	W BRUNSWICK ILTICULTURAL COUNCIL	CONSEIL MULTICULTUREL DU NOUVEAU-BRUNSWICK
services available	Emergency Shelters, Tra	nsitional Housin	Office		Services Accessibility	Languages	Online
Organization/Program Hestia House	Hestia House is an emergency and temporary shelter for women and their children experiencing domestic and intimate partner violence. Hestia House also offers different supporting programs for women and their children and free-of-charge counseling service.	24/7 Crisis Line 24-hour Distress Line: (506) 634-7570 Text Only Option: (506) 566-6667"	Office Contact Office Line: (506) 634-7571	Working Hours 24\7	Services Accessibility (regarding legal status) Accessible to all women regardless of legal status	Languages Available EN/FR	Online Contact
Second Stage Safe Haven Housing	Second Stage Safe Haven Housing provides affordable rental housing for women and their children experiencing domestic and intimate partner violence including free consultation for all women in Saint John.	(506) 632-9289	80 Morris St, Saint John, NB E2M 3R3 Office Line: 1(506)632-9289	Monday- Friday 9:00 am -5:00pm Saturday - Sunday Closed	Accessible to all women regardless of legal status	EN/FR and Arabic	
Coverdale Centre for Women	The Coverdale Center for Women is a welcoming place for women with different types of spaces, such as emergency shelter, dropin centre, Halfway house and Hope Bridge Home. Coverdale also provides several education, programs, resources, support and wellbeing program for women. The Fresh Start Services supports people who are	(506) 672-6285	148 Waterloo St.,Saint John, NB E2L 3R1	24/7	Accessible to all women regardless of legal status (Only women without their dependents)	EN/FR	
Fresh Start Services for Women Inc.	supports people who are experiencing poverty and risks due to poverty. Through their programs, they study case by case and offer different types of support, follow-up and resources. They offer a long-term support for poverty related issues and much more. First Steps is a transitional home for young (between 16-29 years old) pregnant women and/or	(506) 638-1409	66 Waterloo Street, Suite 100 Saint John, NB E2L 3P4	Office Outreach Hours: Monday- Thursday 9:30 am - 3:30 pm Friday - Sunday Closed	Accessible to everyone regardless of legal status Accessible to all young	EN/FR	
First Steps	old) pregnant women and/or parenting women that don't have a safe place to live. The services include high school, daycare, individual counseling, daily living, and parenting skills programs.	(506) 693-2229 Charge Mental H	Saint John, NB E2L 3K1	24/7 in the Greater Sa		EN/FR	
Organization/Program Sophia Recovery Centre for Addiction	The Sophia Recovery Center for Addiction offers a variety of free of charge consultation and healing services, including meditation and stresscontrol programs, collective and individual recovering programs, and art activities.	Phone Number (506) 633-8783	Address 83 Hazen Street, Saint John, NB, E2L 3L2	Monday - Friday 9:00 am - 4:00 pm Saturday - Sunday Closed	Services Accessibility (In regards to legal status in Canada) Accessible to all women regardless of legal status	Languages Available EN/FR	Online Contact
Saint John Addiction- Mental Health Canadian Mental Health Association	The Saint John Addiction-Mental Health offers mental health and addiction services, (one-on-one or group counseling services) by Psychologists and psychiatrists. The Canadian Mental Health Association offers educational and awareness programs	(506) 658-3737 (506) 633-1705	55 Union St Ste 3, Saint John NB E2L5B7 Hilyard Place, 560 Main St a315, Saint John, NB	Monday - Friday 8:15 am - 4:30 pm "Accepting walk-in clients" Saturday - Sunday Closed Monday- Friday 8:30 am- 4:30 pm Saturday - Sunday	Accessible to everybody (Adults only). 18 years old+ Accessible to everyone regardless of legal status	EN/FR EN/FR	
	and awareness programs and sessions on several mental health topics. The Laura Gatien Center offers free drop-in counseling for everyone every Friday. "booking is not required".	(506) 633-1705 (506) 651-1239				EN/FR EN/FR	
Senior Mental Health & Addiction	The Senior Mental Health & Addiction offers mental health services and consultation for seniors by psychiatrists. Other Suppor	(506) 632-5400 Tting and Empo	St. Joseph's Hospital. 130 Bayard Dr, Saint John NB E2L3L6	Monday - Friday 8:00 am- 4:00 pm Saturday - Sunday Closed	Accessible to seniors only (over 65 years old) er Saint John	EN/FR (Interpretation for other languages are available)	
Organization/Program	•		revention Servi	Working Hours Monday-Friday	Services Accessibility (In regards to legal status in Canada)	Languages Available	Online Contact
Sexual Health Center Horizon's Saint John Sexual Health Centre	for people experiencing STDs (sexually transmitted diseases), birth control, Pregnancy test and more. The Horizon's Saint John Sexual Health Center provides in-person or over the phone with a nurse to support with all areas of sexual health, pregnancy, sexual assault, testing for sexually transmitted diseases and access	(506) 658-3998 (506) 658-3998	28 Richmond St, Saint John NB E2L3B2 28 Richmond St, Saint John, NB E2L 3B2	Monday 10:00am - 6:00pm Tuesday-Wednesday 8:30am - 4:00pm Friday 8:30am - 4:30pm Thursday 8:30am - 4:00pm	Accessible to everyone regardless of legal status (12 years old+) Accessible to everyone regardless of legal status	(Translation for other languages are available) EN/FR	
Organization/Program	to birth control and more.	Charge Legal Su Phone Number	pport Services Address	8:30am - 4:00pm Saturday - Sunday Closed in the Greater Sa Working Hours	Services Accessibility (In regards to legal status in Canada)	Languages Available	Online Contact
New Brunswick Legal Aid Services Commission The Saint John Newcomers Centre	The New Brunswick Legal Aid Services Commission provides free criminal and family law services for low- income individuals. The Saint John Newcomers Centre launched free-of-charge legal support services for newcomers who are not qualified	(506) 633-6030 (506) 652-2707	15 Market Square, Suite 1509 Saint John, NB E2L 1E8 75 Prince William St, Saint John,	Monday-Friday 8:15am - 4:30pm Saturday - Sunday Closed Monday - Friday 8:30am - 5:00pm Saturday - Sunday	Decision is made case by case. Decision is made case by case upon the provided	EN/FR EN/FR (Translation/ Interpretation to other	
Newcomers Centre NB Victim Services Legal Education and	for legal aid, can't reach out to the service, or cannot afford the cost of legal services. The New Brunswick Victim Services offers short term counseling, connection with community resources, and preparation for court dates. PLEIS NB provides a variety of bilingual educational products	(506) 652-2707	NB E2L 2B2 1-10 Peel Plaza, Saint John NB E2L3G6	Monday - Friday 8:15am - 4:30pm Saturday - Sunday Closed	Accessible to everyone regardless of legal status	to other languages are available EN/FR	
Information Service of New Brunswick "PLEIS NB" / Family Law Information Line (toll-free)	and services about the law to support access to the legal system. They also provide the free of charge Family Law information line for any question regarding the Family Law in NB.	Family Law Information Line (toll-free): 1-888-236-2444 Settlement Age	P.O. Box 6000, Fredericton New Brunswick Canada E3B 5H1	_{N/A} eater Saint John	Accessible to everyone.	EN/FR	
Organization/Program The Saint John Newcomers Centre	The Saint John Newcomers Center offers a wide range of settlement services to refugees and immigrants such as support in the settlement process, language training, and employment support.	Phone Number (506) 642-4242	Address 75 Prince William St, Saint John, NB E2L 2B2	Monday - Friday 8:30am - 5:00pm Saturday - Sunday Closed	Services Accessibility (In regards to legal status in Canada) Accessible to everyone regardless of legal status.	EN/FR (Translation/ Interpretation to other languages are available)	Online Contact
YMCA of Greater Saint John (Newcomer Connections)	The YMCA of Greater Saint John offers a wide range of settlement services to refugees, newcomers such as support in the settlement process, language programs, employment training, resettlement assistance program, interpretation support, and more.	(506) 634-4860	191 Churchill Blvd, Saint John NB E2K 3E2	Monday to Friday 8:30am - 5:00pm Saturday - Sunday Closed	Accessible to everyone regardless of legal status. (Eligibility for some programs is case by case basis decision)	EN/FR (Translation/ Interpretation to other languages are available)	
Organization/Program	PRUDE Inc offers a wide range of services for both newcomers and Canadian-born individuals in different aspects,	Integration A Phone Number	gency the Grea	Working Hours	Services Accessibility (In regards to legal status in Canada)	Languages Available	Online Contact
PRUDE Inc	individuals in different aspects, such as leadership, cultural diversity training, young adult program (16-30), and women empowerment programs and activities. Newcomer Women Leadership Program (NWLP) is one of their great programs that works six weeks with newcomer women on skills, leadership and self-esteem enhancement and development.	(506) 634-3088	165 Union St., 3rd Floor, Saint John NB E2L 5C7	Monday - Friday 9:00am- 5:00pm Saturday - Sunday Closed	Accessible to everyone with permanent resident status	EN/FR (Translation/ Interpretation to other languages are available)	
Organization/Program	Services Provided	Food Bank Ser Phone Number	vices in the Gre	Working Hours Monday Closed Tuesday Closed Wednesday 9:00am	Services Accessibility (In regards to legal status in Canada)	Languages Available	Online Contact
Saint John Community Food Basket. North End Food Bank	The Saint John Community Food Basket offers food packages to people in need in Uptown Saint John. "Halal-food is available". The North End Food Bank Association offers food	(506) 652-2707	245 Union Street Saint John, NB E2L 1B2	Wednesday 9:00am - 11:00am 12:00pm - 2:00pm (except for holidays) Thursday Closed Friday 9:00am -11:00am 12:00pm - 2:00pm (except for holidays) Saturday - Sunday Closed Monday Closed Tuesday 10:00am	Registration is required for the food bank. Call for more information. (Needs assessment is case by case basis) Registration is required for the food bank. Call for	EN/FR	
North End Food Bank Association Saint John East Food Bank	Association offers food packages to people in need in North End- Saint John. "Halal-food is available". The Saint John East Food Bank offers food packages to people in need in East Saint John. "Halal-food is available".	(506) 634-7403 (506) 633-8298	211 Main Street Saint John, NB, Canada E2K 1H7 648 Westmorland RD, Saint John,NB,E2J 2H4	Tuesday 10:00am - 1:00pm Wednesday - Sunday Closed Monday Closed Tuesday 12:30pm - 3:00pm Wednesday Closed Thursday Closed Friday 12:30pm - 3:00pm Saturday - Sunday Closed	Registration is required for the food bank. Call for more information. (Needs assessment is case by case basis) Registration is required for the food bank. Call for more information. (Needs assessment is case by case basis)	EN/FR EN/FR	NA NA
Westside Food Bank The Salvation Army	Westside Food Bank offers food packages to people in need in Westside in Saint John. "Halal-food is available". The Salvation Army offers	(506) 635-1060 (506) 634-1633	120 Market Place at the Carleton Community Center, E2M1B5	Monday Closed Tuesday 1:00pm - 3:00pm Wednesday Closed Thursday Closed Friday 1:00pm - 3:00pm Saturday - Sunday Closed Monday-Friday 9:00am -12:00pm	Registration is required for the food bank. Call for more information. (Needs assessment is case by case basis) Accessible to anyone with a valid New Brunswick	EN/FR	
The Salvation Army River Valley Food Bank Romero House (Soup Kitchen)	The Salvation Army offers emergency food packages. Food bank is available to those in need, offering an emergency food service. The Romero House serves hot meals daily from 9:30am to 1:00pm.	(506) 634-1633 (506) 738-2088 (506) 642-7447	Edward St, Saint John NB E2L 3S1 3540 Westfield Rd, Saint John, NB E2M 7C7 647 Brunswick Dr Ste 649, Saint John NB E2L3S9	9:00am -12:00pm Saturday - Sunday Closed Tuesdays 9:00am- 12:00pm Monday - Sunday 9:30am-1:00pm	a valid New Brunswick Medicare card. Accessible to everyone regardless of legal status Accessible to everyone regardless of legal status	EN/FR EN/FR EN/FR	
Organization/Program	Services Provided	Walk-in Cli Phone Number	nics the Greate Address	r Saint John Working Hours	Services Accessibility (In regards to legal status in Canada)	Languages Available	Online Contact
Crown Street Medical Clinic	The Crown Street Medical Clinic offers consultation with a nurse practitioner or doctor for common illnesses, injuries, infections, mental health conditions, and general health concerns.	(506) 635-2273	110 Crown St, Saint John NB E2L 2X7	If you would like to book an appointment for the afternoon, please call at 11:00 am from Monday - Sunday. If you would like to book an appointment for the evening, please call at 5:00 pm from	Accessible to anyone with a valid New Brunswick Medicare card.	EN/FR	NA
Westside Medical Clinic	The Westside Medical Clinic can provide consultation with a nurse practitioner or doctor for common illnesses, injuries, infections, mental health conditions, and general health concerns. The Jean Coutu Clinic offers consultations with a nurse	(506) 693- CARE (2273)	107 Catherwood St, Suite 201 E2M 5J7	Monday - Friday Calls start at 11:00 am for afternoon appointments Saturday - Sunday Closed Monday - Friday	Accessible to anyone with a valid New Brunswick Medicare card.	EN/FR	
Jean Coutu Clinic Organization/Program	consultations with a nurse practitioner or doctor for common illnesses, injuries, infections, mental health conditions, and general health concerns. Services Provided	(506) 657-9355 Housing Serv	35 University Ave, Saint John NB E2K 1Z2 ices in the Grea	4:30pm -9:00pm Saturday Closed Sunday 11:00am - 3:00pm	Accessible to anyone with a valid New Brunswick Medicare card. Services Accessibility (In regards to legal	EN/FR Languages	Online Contact
Organization/Program Saint John Non-Profit Housing Inc	The Saint John Non-Profit Housing Inc. offers subsidies units for low and moderate- income seniors, families, and special groups.	(506) 658-1925	14 King Square South Saint John, NB E2L 1E5	Monday-Friday 8:30am - 4:30pm Saturday - Sunday Closed	(In regards to legal status in Canada) Accessible to everyone who lives in Saint John	Languages Available EN/FR	Online Contact
Organization/Program New Brunswick Multicultural Council - (Skills Launch Program)	The Skills Launch Program is a provincial program in partnership with different organizations that supports both young and adult newcomers in their process of learning, exploring, and finding employment in New Brunswick. The program is a	Please contact your adult employability coordinator in Saint John: (506)	Contact Information Saint John: skillslaunch@ saintjohny.ca Phone Number: (506) 643-4421	Monday - Friday 9:00am-5:00pm Saturday - Sunday Closed	Services Accessibility (In regards to legal status in Canada) Adult Program: Accessible to permanent residents, immigrants, refugees and work permit holders. Youth Program: Accessible to permanent residents, immigrants and refugees. (Applicants should meet	Languages Available EN	Online Contact
(Skills Launch Program) Organization/Program	Brunswick. The program is a paid opportunity with various technical classes and training to qualify newcomers to work and grow with their communities.	Saint John: (506) 643-4421	(506) 643-4421		(Applicants should meet the program eligibility requirements, please visit the website for more information).	Languages Available	Online Contact
Organization/Program Talk with Me Program	Talk with Me Program support children's language development, provide infant massage, training and information to parents.	Phone Number (506) 643-7561	Address 130 Bayard Dr, Saint John, NB E2L 3L6	Monday-Friday 8:30am - 4:30pm Saturday - Sunday Closed	(In regards to legal status in Canada) Accessible to everyone regardless of legal status		
Teen Resource Centre (TRC)	The Teen Resource Center offers services and programs for youth between the ages of 12-24. The support and services provided by the TRC focus on reducing the risks associated with crime, homelessness, addiction and recidivism. Imagine NB is a bilingual, intercultural leadership accelerator to support the ideas	(506) 638-2372	28 Richmond Street, Saint John, NB E2L 3B2	Monday-Friday 9:00am - 5:00pm Saturday - Sunday Closed	Accessible to everyone regardless of legal status	EN/FR	
New Brunswick Multicultural Council (Imagine NB Program) Boys & Girls Club	accelerator to support the ideas, talents and passions of immigrant youth. They will learn to work as a team, gain leadership skills, learn about New Brunswick's wealth of opportunities, and explore new regions and more. The Boys & Girls Club of Saint John provides a safe and supportive place for children and youth. They offer a variety of quality	(506) 453-1091 (506) 634-2011	N/A 1 Paul Harris St, Saint John, NB E2L 3B6	Monday - Friday 9:00am - 5:00pm Saturday - Sunday Closed Monday - Friday 8:30am - 4:30pm Saturday 10:00am - 4:00pm	Accessible to permanent residents, immigrants and refugees youth Accessible to everyone regardless of legal status	Bilingual Program (EN/FR)	
Organization/Program	programs that are engaging, accessible and contribute to the development of children.		E2L 3B6		T	Languages Available	Online Contact
Family Resource Centre	The Family Resource Center provides services and programs to parents or caregivers of children. The Horizon's Saint John Health	(506) 633-2182	211 Wentworth Street Saint John, New Brunswick E2L 2T4	Monday - Friday 8:30am - 4:30pm Saturday - Sunday Closed (The Saint John Family Resource Centre will be closed during the months of July & August) "Monday 10:00am -	status in Canada) Accessible to everyone regardless of legal status	EN/FR	(f)
Horizon's Saint John Sexual Health Centre The Pregnancy Resource Center of Saint John	Center provides in-person or over the phone with a nurse to support with all areas of sexual health, pregnancy, sexual assault, testing for sexually transmitted diseases and access to birth control. The Pregnancy Resource Center of Saint John provides support and programs for pregnant women like: pregnancy tests,	(506) 658-3998 (506) 634867	28 Richmond St, Saint John, NB E2L 3B2 219 Wentworth St, Saint John NB E2L 2T4	6:00pm Tuesday - Thursday 8:30am - 4:00pm Friday 8:30am - 4:30pm Saturday - Sunday Closed Monday-Wednesday 10:00am - 4:30pm Thursday 10:00am - 7:00pm	Accessible to everyone regardless of legal status Accessible to women regardless of legal status	EN/FR EN/FR	
Center of Saint John Organization/Program	parent support, pregnancy loss support, Post abortion support and more.		E2L 2T4	10:00am - 7:00pm Friday - Sunday Closed Greater Saint Jo Working Hours		Languages Available	Online Contact
Habitat for Humanity Saint John Salvation Army	The Habitat for Humanity sell used furniture for affordable prices in the Saint John Region. The Salvation Army sell used furniture for affordable prices in the Saint John Region.	(506) 635-5977 (506) 634-1633	727 Rothesay Ave, Saint John, NB E2H 2H6 27 Prince Edward St, Saint John, NB E2L 3S1	Monday - Saturday 9:00am - 5:00pm Sunday Closed Monday - Friday 9:00am - 5:00pm Saturday - Sunday Closed	Accessible to everyone regardless of legal status Accessible to everyone regardless of legal status	EN/FR EN/FR	
Organization/Program	Ethno- Services Provided		ation Groups in Address	the Greater Sain Working Hours	T	Languages Available	Online Contact
New Brunswick Black History Society (NBBHS) Latino Community in Saint John	The NBBHS provides programs and events to encourage others to learn about the culture, language, heritage and promote awareness of New Brunswick's Black history. The Latino Community in Saint John Association is for all latinos who wants to connect, find job opportunities, and resources, and be inform of current and future events.	(506) 214-2316 N/A	Brunswick Square Level 2 39 King St. Saint John, NB E2L 4W3	Monday - Friday 1:00pm - 5:00pm Saturday 10:00am - 1:00pm Sunday Closed	Accessible to everyone regardless of legal status Accessible to everyone regardless of legal status	EN/FR EN/FR and Spanish	
The Ukrainian Association of Saint John		N/A	N/A	N/A	Accessible to all Ukrainian	EN/Ukrainian	
Muslim Association of New Brunswick Brazilian Association of Saint John	The Muslim Association of NB support all Muslims and all Muslim community projects in Saint John: by sharing mosque, jobs, community projects update, rental properties, business opportunities, and more. The Brazilian Association of Saint John (BASJ) promotes Brazilian culture within Saint John and	(506) 633-1675 N/A	1100 Rothesay Rd, Saint John, NB E2H 2H8	24/7 N/A	Accessible to everyone regardless of legal status Accessible to everyone regardless of legal status	EN/FR and Arabic EN/FR and Portuguese	
Brazilian Association of Saint John Red Latin Southeast NB	culture within Saint John and support Brazilian citizens and their families moving to NB. The Red Latin Southeast NB aims to form a network of people with ties to Latin America in the Southwest Region of New Brunswick. Support and connect them to the services in the community. They also offers translation and Spanish	N/A (506) 343-2164	N/A 311 Lancaster St, Saint John, NB E2M 1J8	Monday - Friday 9:00am - 6:00pm Saturday - Sunday Closed	Accessible to everyone regardless of legal status Accessible to everyone regardless of legal status	EN/FR and Portuguese EN and Spanish	
GSJ Chinese Cultural Association	The Chinese Cultural Association support and help the Chinese community including incoming international students, temporary workers and their families, immigrants, and Chinese Canadians by giving them the resources needed to settle in Saint John.	(506) 898-3200	Saint John, NB, Canada E2L4Z1	N/A	Accessible to everyone regardless of legal status	EN and Chinese	
Organization/Program	Services Provided United Colours of Fashion (UCOF)	werment and Ed	ducational Comi	munity Services i Working Hours	Services Accessibility (In regards to legal status in Canada)	Languages Available	Online Contact
United Colours of Fashion (UCOF)	is a non-profit that support and provides free training to immigrants and locals who wants to pursuit an education, career, or business in fashion. They also promote the work of designers and entrepreneurs in the Maritimes who are (BIPOC) Black, Indigenous, and People of Colour. The Learning Exchange is an educational program for women's empowerment including:	(506) 654-8638	603 Loch Lomond Rd, Saint John, NB E2J 1Y8 139 Prince Edward St Suite	N/A Monday-Friday 8:30am - 4:30pm	Accessible to everyone regardless of legal status Accessible to everyone	EN/FR (Translation/ Interpretation to other languages are available)	
The Learning Exchange The ONE Change Inc.	empowerment including: enhancing women's self-esteem, confidence and quality of life. The program is for women who are 19 years old +. The ONE Change Inc. is a great learning and social hub for enhancing residents skills in different aspects in life to meet their objectives. They arrange different events to empower and educate the community.	(506) 648-0202 (506) 658-2980	Edward St Suite 216 Saint John, NB, Canada E2L 1A8 85 Durham St, Saint John NB E2K 1V6		Accessible to everyone regardless of legal status Accessible to everyone and all ages regardless of legal status	EN/FR EN/FR	
Elizabeth Fry Society New Brunswick (EFryNB)	The Elizabeth Fry Society New Brunswick (EFryNB) offers personalized, responsive services, a safe and secure housing program for applicable clients, education, and advocacy. Social issues of poverty, unstable housing, mental health, and violence can lead individuals to be caught in the net of the justice system. EFryNB reaches out to individuals who are	(506) 635-8851	75 Adelaide St, Saint John, NB E2K 1W4	Monday-Friday 8:00am - 4:00pm Saturday - Sunday Closed	Accessible to everyone regardless of legal status	EN/FR	
	freeing themselves from the cycles imposed by correctional systems and criminalization to move forward with their lives from a position of strength. For			Saint John, call	Services Accessibility	Languages	Online
Organization/Program 211 Saint John (United Way)	The 211 is a 24/7 service that connects New Brunswickers to critical human, social, community and government supports.	Phone Number	Address N/A	Working Hours (24/7)	Services Accessibility (In regards to legal status in Canada) Accessible to everyone regardless of legal status	EN/FR, Spanish, Arabic and other languages for assistance are available.	Online Contact